



Annam Brahma Restaurant

84-43 164th Street
Jamaica, N.Y. 11432
718-523-2600

**Delicious Vegetarian Foods
Curries, Snacks, Salads, Soups,
Casseroles, Sandwiches**

"Absolutely every dish sampled
was delicious"...**Newsday**
Voted "The best Vegetarian restaurant
in Queens"...**Queens Tribune**

Hours: Daily 11am-10pm
Except: Wednesdays 11am-4pm
Sundays: 12 noon-10pm

Accessible by: F Train
to Parsons Blvd. Station
Near Grand Central Pkwy,
Van Wyck Expwy.

**Annam Brahma invites you to
our international smorgasbord**
Sundays, 12 noon - 10 pm
Dishes from around the World in a Special Buffet
Only \$10.95 for all you can eat!

Free Local Lunch Delivery!

Dedicated to the worldwide mission of Sri Chinmoy
FREE Evening Programs
Learn to Meditate



desserts

Cheesecake—Our specialty!—Rich, creamy, sour cream topping 2.45
Indian Sweets—Selections from barfi, rasmalai, jilebi, gulab jamun...
Brownie—Rich chocolate, homemade, walnuts 2.25 a la mode flavors 2.95
Pastry of the Day
Pastry of the Day—no sugar
Ice Cream—Vanilla, Chocolate 1.25
Carrot Cake—homemade 2.25
Baklava—Greek treat with walnuts & honey 1.95



beverages

Apple Juice reg. 95 lge. 1.65 **Hot Chocolate, Fero** .70
Lemonade reg. 95 lge. 1.65 **Cola, Gingerale** reg. .75 lge. 1.45
Papaya Juice reg. .95 lge. 1.65 **Diet Coke, Diet 7-Up** reg. .85 lg. 1.50
Mango Juice reg. .95 lge. 1.65 **Spring Water** .80
Indian Lassi—yoghurt shake reg. 1.25 **Fresh Carrot Juice** reg. 1.95
Herbal Tea .65 **Spritzer (12 oz.)** reg. .99
Chai—Indian Spice Tea .90 **Crystal Geyser (lite)** reg. .99
Darjeeling Tea, Sanka, Coffee .70



catering & services

Out-Going Orders—
—All Menu Items planned for take-home convenience
—Homemade Cheesecakes (a whole cake!)—order in advance 17.95
Freezer Items—Vegetarian Casserole Selection
Catering Services—Let us help with your special occasions—
home or office, large or small. See our catering menu.
Luncheon Delivery—Free Local Luncheon Service,
11:00 a.m.-2:30 p.m. Weekdays.
Fresh Food Daily—We are proud to announce that **Annam Brahma**
prepares fresh food daily.

revised 10/89



soups

Indian Dal—made from lentils Cup 1.85 Bowl 2.40
Soup of the Day—two selections daily Cup 1.85 Bowl 2.40



appetizers

Served with **Homemade Chutney**

Charge for extra **Chutney .50 for Mango Chutney or Pickles .65**

Samosa (2)—savory potato-filled pastry 1.95
Alu chop (2)—potato-onion patties 2.25
Bhajjia—tasty fritters 2.25
Bhel-puri—puffy bread with onions, chutney, bhel mix 1.95
Snack of the Day 2.25
 Chosen from specialties such as: dahiwada, bonda, alu vada or pakora
Vegetarian Egg Roll (1) 1.75
Farasan Platter
 Snack Sampler: a full meal or appetizer plate for the table 5.25



breads

Pappadam—a crunchy wafer, fried .75
Puri—puffy, fried wheat bread, made to order 1.00
Chapatti—grilled whole wheat bread, made to order, buttered 1.25
Naan—Tandoori style bread, buttered 1.00
Whole Wheat Bread (2)—buttered; **Whole Wheat Pita** .85



salads

Garden Green Salad Small 2.25 Reg. 3.25
 —Leafy Greens and Garden Vegetables
Salad Bouquet Reg. 3.50 Large 4.95
 —Fresh Salad Vegetables, Natural Cheddar Cheese, Raisins and Nuts
Fresh Spinach Salad (Seasonal) Reg. 3.50
 —Spinach, Garbanzos, Tomatoes, Sprouts, Mushrooms, and Sesame Seeds Large 4.95
Tofu Salad Reg. 3.75
 —Bed of Garden Greens, Vegetables and Seasoned Tofu Large 5.25
 —hi-protein, low calorie, light
Grilled Cheese Salad 5.25
 —Warm, Open-faced, Cheddar Cheese Sandwich ringed with Leafy Greens and Cut Vegetables
Fresh Fruit Salad—Sliced fruits Cup 2.25 Bowl 3.50
 —Served with walnuts, raisins, and yoghurt Cup 2.95 Bowl 4.25
Indian Raita 1.95
 —Cucumber-Tomato Salad with Spiced Yoghurt Sauce
Salad Dressings: Herbal Dressing (House Dressing) 4 oz. .75 12 oz. 2.25
 Mayo-Tamari Sauce 4 oz. .75



main courses

Chapatti Roll-Up 5.95
 —Specially prepared for you; served with butter, mayo-tamari sauce
 —American Style—Warm Vegetables, Cheese, Salad, Sauce
 —Indian Style—Curried Vegetables, Cheese, Salad, Sauce

Our Vegetable Kabob 5.75
 —Gently cooked, skewered vegetables—over basmati rice
 Choice of: Sweet and Sour sauce, Butter-Herb sauce or Indian Curry sauce (Malai)

Combinations:
 —Vegetable Kabob with salad 6.95
 —Indian Kabob with rice, dal, homemade chutney and pappadam 7.25

Indian Curries —delicious and savoury
Mixed Vegetable Curry
Channa Masala—Chick pea Curry
Cauliflower-Potato Curry
Curry of the Day
 —Served a la carte 3.95
 —with rice, dal and homemade chutney 5.95
 —with Chapatti and Pappadam 5.95

Vegetarian Casserole: Tasty Spinach Pie, topped with melted cheese
 —Served a la carte 4.50
 —Served with Garden Salad, Whole wheat toast 6.25
 (Our Reminder: Thursday is Italian Day! Casserole choices include: Eggplant Parmigiana and Baked Lasagna. Tuesday is Chinese Day! Try our Oriental Mixed Vegetables.)

Steamed Vegetables with Brown Rice
 —with melted cheddar cheese 5.95
 —with sauteed tofu 6.50
 —with sauteed tofu 6.50

Burger Platters—Burgers served with mayo-tamari sauce
 —**Cheese Griller**—"Soy" pattie, cheese, lettuce, tomato, sauce, bun 3.50
 —**Cheese Griller Platter**—Cheese Griller, French fries, salad 5.50
 —**Twinburger Platter**—Double Griller, French fries, salad 6.50
 —**Gardenburger**—Cheese Griller, salad, sauce in Pita 4.75
 —**Gardenburger Platter**—Gardenburger, French fries 6.75

Wholesome Potatoes—with a dab of butter 1.75
 —with a scoop of curry and melted cheddar cheese 3.50
 —with sprouts, mushrooms, melted cheddar cheese 3.50
 —with sauteed tofu, melted cheese 3.50

annam brahma dinner

Two choices of Curried Vegetables, Snack with Homemade Chutney, Pappadam, Rice, Dal, Raita 7.25

mother india's bounty

Our Chef's Choice from the Exquisite Art of Traditional Indian Cooking (Varies daily. Served Monday, Friday, Saturday.)



luncheon specialties

Free Local Luncheon Delivery

(Please allow for paper goods costs on all out-going orders.)

These dishes served *in addition* to full menu, weekdays 11:00 a.m.-2:30 p.m.

Indian Samplers: Budget Specials

- Luncheon curry with snacks 2.45
- Luncheon curry with rice and dal 2.95
- Assortment platter—2 choices of curry with rice & dal 4.70

Curry and Snack Deluxe (bhajjia and an alu chop)

- Luncheon curry size 3.35 Full order size 4.95

Farasan Platter: Special Luncheon Size

- A sample of assorted savoury Indian snacks 3.50

Soups: Two selections daily.

- Soup (Cup) and Luncheon Size Salad: 3.25

burgers

Burgers—served with mayo-tamarl sauce

- Cheese Griller—Soy "hamburger", melted cheese, tomato, lettuce, roll 3.50
- Twinburger—Double, deluxe cheese griller 4.50
- Curryburger—Curry, salad, sauce in wheat pita 3.75
- Vegiburger—Vegetables, Salad, sauce in wheat pita 3.50
- Tofuburger—Sauteed tofu, salad, sauce in wheat pita 3.50
- Saladburger—Salad, sauce in wheat pita 2.95
- With cheese 3.50
- Gardenburger—Cheese Griller, salad, sauce in pita 4.75

Burger Platters—Burgers served with mayo-tamarl sauce

- Cheese Griller Platter—Griller with salad & fries 5.50
- Twinburger Platter—Double Griller, fries, salad 6.50

Sandwiches & Specialties

- Egg Salad Sandwich—on wheat bread 2.45
- "Bacon"—Lettuce—Tomato Sandwich—Soy "bacon" on wheat bread, sauce 2.75
- Grilled Cheese Sandwich 2.35
- "Meatball Hero" (soy)—with sauce & cheese 3.75
- "Hot Dog" (soy)—on roll 1.75
- Naan "Pizza"—Indian bread with sauce, melted cheese 2.75
- Naan & cheese—Melted cheddar, sprouts, chutney, seeds 2.75

Omelette—served with buttered wheat bread

- Plain Omelette 2.50 Tofu Omelette 2.95
- Vegetable & Cheese 3.25 Curry-filled Omelette 3.50

Omelette Platters

- Choice of omelette: with French fries, toast 4.95
- with savoury alu chop (2) 4.95
- with salad, toast 4.95



thursday: italian day!



Spaghetti—Tomato sauce, grated parmesan cheese
(serving of whole wheat spaghetti for an extra .50)

- **Marinara**—with garlic bread side order 2.25 reg. 3.25
- **With "Meatballs"** (soy)—garlic bread 4.25

Eggplant Parmiglana Casserole side order 2.75 a la carte 4.95

Baked Lasagna Casserole side order 2.75 a la carte 4.95

Eggplant Parmiglana Hero: Eggplant Parmiglana Burger (Pita) 4.25

"Meatball" Hero (soy)—with sauce and cheese 3.75

Garlic Bread—side order .75

Dinners:

- **Eggplant Parmiglana** with salad and garlic bread 6.95
- **Baked Lasagna** with salad and garlic bread 6.95

tuesday: chinese day!



Vegetarian Egg Roll 1.75

Oriental Mixed Vegetables side order 2.25 a la carte 3.95

Broccoli with Garlic Sauce side order 2.25 a la carte 3.95

Szechuan Noodles side order 2.25

Vegetable Fried Rice—made with brown rice 2.25

Dinner: Chinese Platter—Combination of egg roll, 6.50

Oriental Vegetables, Broccoli, Fried Rice, Szechuan Noodles

side orders



Vegetable Curry 2.25 **"Meatballs"** (soy) in sauce 2.50

Basmati Rice; Brown Rice 1.25 **Sauteed Tofu** 2.25

Indian Dal .95 **French Fries** 1.25

Steamed Vegetables 2.50 **Chutney/Pickles** .75

Vegiburger Filling 2.25 **Charge for extra cheese** .70

